



Referral to: In Motion & Momentum+ (IM&M+)
Attention: Kathy Palmer kpalmer@workprep.ca
Phone: 757-9096 ext 233

Please indicate the individual's readiness for group based on the following characteristics:

Ready for Change:	Ready for Group:
 □ A feeling of being stuck □ A feeling of moving in a direction that doesn't fit □ Some stability with respect to addictions and/or health (physical/,mental), housing, food and finances □ A desire to participate fully (attend all sessions) □ A commitment to contribute to all activities □ A willingness to participate in post surveys □ Other: 	 □ A minimum Grade 5 Literacy □ Access to dependent care (as necessary) □ Access to transportation □ Basic Digital Literacy □ Access to technology (supports may be available) □ The capacity to function as part of a diverse group □ Other:
Referral Date:	Client Name:
Address:	Postal Code:
Phone number:	Messsage Number (if applicable)
Client's Email Address:	DOB:
Referring Consultant:	Phone:
E-mail address:	Fax:
To be completed by Work Prep:	
Client Name:	Date:
Referral Outcome:	
IM&M+Team:	Appointment:
□ No contact (see notes below) □ Enrolled in Im&M+ □ Referred out □ Referral Agency contacted Notes:	